



# Autumn Menu



Week 3 DID YOU KNOW? We use Free Range Eggs & MSC Fish!

Monday

Tuesday

Wednesday

Thursday

Friday

Everyday

Main

**Curry Bar**

Chicken Curry with  
Turmeric rice and  
Poppudum

Roast Pork with  
Apple Sauce

**Chef's Special  
themed menu  
more details to  
follow**

Sweet and Sour  
Chicken with  
Prawn Crackers

Battered Fish  
Or  
Chicken Goujons  
Or  
Cornish Pasty

Salad Bar  
Jacket  
Potatoes

Meatfree

Vegetable Chilli  
with Turmeric rice  
and Poppudum

Cheese and Leek  
Puff Pastry Slice

Thai Vegetable  
Stir Fry with  
Noodles and  
Prawn Crackers

Jelly  
Yoghurt  
Cut Fruit

And to  
go with

Indian Cabbage  
Sweetcorn Wheels

Roast Potatoes  
Swede  
Honey Roast  
Parsnips

Egg Noodles  
Carrots  
Courgette

Peas  
Baked Beans  
Oven Baked Chips

Pudding

Eton Mess

Creamy Oven  
Baked Rice  
Pudding

Banoffee Pie

Apple Crumble  
with Custard

Jelly  
Yoghurt  
Fresh Fruit

Supper

Home Made Beef  
Burgers

Chicken Pasta  
Bake

Lasagne with  
Salad

Chicken Dish

Connect

Catering Management Services  
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